

8075 Bayview Ave., Thornhill L3T 4N4 Phone: (905) 889-9696, (647) 795-7692

Bi-Weekly e-Bulletin

October 11, 2024

## **IMPORTANT DATES**

Oct 14	Thanksgiving (No School)
Oct 16	Applying to College Assembly (Gr. 12 Period 2)
Oct 16	Interim Reports Available
Oct 21	PA Day (No School)
Oct 24	Parent / Guardian Teacher Interviews 6:30-8:30pm

## SCHOOL COUNCIL

Meeting Time: 7:00pm

Meeting Location: Library

(across from the office)

## **Meeting Date:**

Tuesday October 29\*, 2024
\*virtual

Monday November 4, 2024 Tuesday February 18, 2024 Monday April 7, 2024

## **SCHOOL** email:

thornlea.ss@yrdsb.ca

## **ATTENDANCE** email:

thornleass.attendance
@yrdsb.ca

## **CONTACT/TELEPHONE CHANGE:**

thornlea.ss@yrdsb.ca



# THORNLEA ADMINISTRATION MESSAGE

After the last newsletter I had a couple of parents ask how they could encourage their children to make better use of their homework time. What exactly are good study habits?

I can tell you from watching students who are very successful academically there are some consistent practices I have observed.

## **Key Study Habits to Encourage**

- 1. **Organize Notes Regularly**: Encourage your child to keep their notes organized. This makes it easier to review and find important information when needed. One great strategy is to take a few minutes each night to review the learning from that day and summarize the two or three key takeaways. Students can then use these notes as a study guide.
- 2. **Review Nightly:** Instead of cramming the night before a test, good students take time each night to review what they've learned. This helps reinforce the material and makes studying for tests less overwhelming. Learning a little every day is far more impactful than spending hours studying the night before the test.
- 3. **Set Specific Goals:** Help your child set clear, achievable goals for each study session. This can keep them focused and motivated.

Thornlea Secondary School

Phone: (905) 889-9696 Email: Thornlea.ss@yrdsb.ca Principal

Paolo Burzese paolo.burzese@yrdsb.ca

Vice-Principals



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#### STUDENT MEDICAL FORMS:

Anaphylaxis Health Care Plan
Asthma Health Care Plan
Diabetes Health Care Plan
Epilepsy Health Care Plan
Self Administration of
Medication

#### YRDSB LINKS:

18+ Student Consent Form
SchoolCash Online
What is De-Streaming
YRDSB Guide to the School Year

#### **USEFUL LINKS:**

Thornlea Calendar
Thornlea Instagram
Thornlea Website
York Region Public Health

- 4. **Take Breaks:** Short breaks during study sessions can help maintain focus and prevent burnout. Encourage your child to take a 5-10 minute break after every 30-45 minutes of studying.
- 5. **Create a Study Schedule:** A consistent study schedule can help your child manage their time effectively and ensure they're covering all their subjects. This is important if they have big assignments to complete. Working backward from the due date can help students get a head of work.
- 6. **Stay Positive:** Encourage a positive attitude towards studying. Remind your child that it's okay to make mistakes and that learning is a process.

## **Tips for Parents**

- **Be Supportive:** Show interest in your child's studies and be available to help when needed.
- **Encourage Independence:** While it's important to be supportive, also encourage your child to take responsibility for their own learning.

Finally, research has also shown strong correlation between students that have chores to academic success. So, in addition to studying, make sure they are taking time to help load the dishwasher, take out the garbage and vacuum the floors.

Stay Thunderful

Sincerely,
Paolo Burzese
Paolo.Burzese@yrdsb.ca

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If your child is going to be absent, please inform us.



Call 905-889-9696 Press 1 for Attendance Or Has your contact information changed?



Email:

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# **Renewed Computer Technology Fall Applications**

As part of a partnership between YRDSB and Renewed Computer Technology (RCT), families with children enrolled in our Board can purchase quality refurbished computers at a reduced cost. Applicants must live in Ontario, have a student enrolled at YRDSB and either receive government assistance payments or qualify as a limited income earner under the limited income cut-off standards. Please see this <u>letter</u> and <u>flyer</u> for more information.

## **General Supports for Emotional Well-Being**

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) available 24/7
- <u>KidsHelpPhone</u>: 1-800-668-6868, text 686868 available 24/7
- Mental Health Helpline: 1-866-531-2600 available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30
   a.m.-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters.
- Trans Lifeline
- Black Youth Helpline
- Naseeha Helpline/
- 2SLGBTQ+ Youthline

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## CLASSROOM CONNECTION

On Thursday, October 10, Thornlea's digital photography students went downtown to visit the World Press Photo exhibition at Brookfield Place. Students viewed striking examples of photojournalism from around the world, and they learned about the roles and responsibilities of news people who tell stories through the medium of photography.

After viewing the exhibit, students embarked on a downtown photography scavenger hunt that required them to find and photograph various subjects. Check out some of the great work that was submitted by some of our students!

Toronto in A Box



Checking Out The Exhibit



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Enjoying A Snack



Three Faces, No Names



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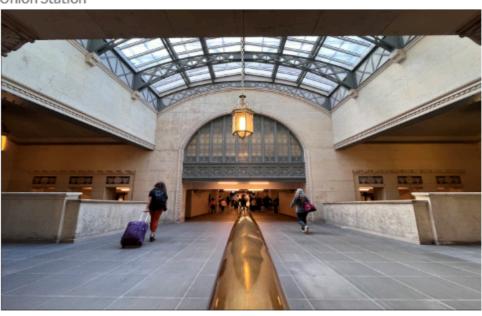
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Treasures



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Thank you to the teachers who helped make the trip possible: Da-Heh Lee, Selena Ah-Kim, Ilana Bern, and Dave Chan.

Have a wonderful weekend, Thornlea families!

Rob Ackerman.

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## Metrolinx Visit to Thornlea





This week we welcomed Metrolinx for an engaging presentation for our grade 10 Career Studies students! The presentation highlighted the diverse career opportunities at Metrolinx and in the transit industry, including roles in trades, operations, engineering, environmental science, and more. Thanks to Ms. Eckerman and Ms. Ceausu, and Ms. DeLuca for providing this amazing opportunity for our students.



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# Thornlea Secondary School shop!



TO SHOP: See link below

**Thornlea Merchandise** 

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## **GUIDANCE NEWS**

Thornlea's Guidance Department provides a broad range of programs and services for our students, their parents/guardians, and the school community.

Guidance counselors address questions and concerns regarding high school program planning and academic success, post-secondary educational alternatives and career choices.

Students are assigned a counselor according to their surname.

Students can now book a guidance appointment with their counsellor using their Teach Assist account.

Please go to 'Appointment Bookings' and click on the calendar icon.

Choose the desired date to see counsellor availability. Counsellors are assigned by student last name as in the chart below.

Under the appropriate counsellor, click on the desired time for your appointment.

Choose the reason for the appointment request and select 'Submit Reason'.

The appointment is now made! You may cancel the appointment by selecting 'cancel' in the Appointment Bookings section.

Please notify your teacher at the start of class that you have an appointment with your counsellor. PLEASE GO TO THE GUIDANCE OFFICE AT YOUR APPOINTMENT TIME, YOU WILL NOT BE CALLED.

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Here is a list of guidance counsellors and the surname alphabet they service.

COUNSELLOR

FIRST LETTER OF STUDENT LAST NAME

Mr. Alkins	A – IQ
Ms. Rai	IR – PR
Ms. Tse	QI – STE
Ms. Daneshmand	STR – WI
Ms. Khan	WO-Z

ROOM	University/College
230	University of Guelph
230	University of Toronto - Engineering
230	University of Windsor
230	Carleton University
230	University of Toronto
230	University of Waterloo
230	Brock University
230	Niagara College
230	Western University
229	Kings University College @ Western University
230	TMU - Toronto Metropolitan University
230	McMaster University
230	Queen's University
230	Sheridan College
230	Wilfred Laurier University
229	Georgian College
230	Trent University
230	TMU - Engineering
230	Durham College
230	University of Guelph-Humber
	230 230 230 230 230 230 230 230

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